



How We Express Ourselves

Central Idea: Expressing feelings is important for self-understanding and connecting with others

Lines of Inquiry

- Identifying emotions and feelings
- Feelings vary from person to person
- Expressing our feelings through various ways

ATLs

- Social skills
- Self-management skills

Specified Concepts

- Form
- Connection
- Perspective

Other Concepts

- Wellness
- Expression

Learner Profile

- Risk-taker
- Inquirer
- Balanced

Transdisciplinary Learning

Language

- Tell their own stories using words, gestures, and objects
- Identify the elements of a story
- Talk about own feelings in response to visual messages
- Explain the purpose of various visual images
- Recognise some familiar print from the immediate environment
- Manipulate tools with increasing control
- Use their own experience as a stimulus when drawing and “writing”

Maths

- Recognise numerals 1-10
- Demonstrate one-to-one correspondence with up to 10 items
- Label pattern in various ways using words, materials, actions or numbers
- Create a pattern independently
- Describe characteristics of 2D shapes
- Represent information through visual representations

Art

- Express feelings through body movements
- Use vocal sounds, rhythms and instruments to express feelings or ideas
- Create artwork in response to a range of stimuli
- Display audience etiquette and appropriate responses

PSPE

- Use movement to express feelings
- Express their own needs, views and feelings
- Move with control and coordination
- Share their own relevant ideas and feelings in an appropriate manner
- Demonstrate a sense of pride in own achievements

Science

- Engage in scientific experiments to explore changes of state
- Make simple predictions about how materials change state
- Use a variety of instruments and tools to collect data
- Use a variety of scientific tools for conducting observations

Social Studies

- Asks questions about places and society
- Celebrate significant events in own life and cultures

By the end of this unit:

Children will be able to understand that cultures can be expressed in different ways. They will inquire into the elements of cultural arts and discover similarities and differences. They will share their perspectives and interpretations of various artwork. Children will be able to reflect on their creations and be open-minded when exploring other cultures through different art forms.

How you can support your child at home:

- Make an Art Station: Provide a safe messy play space where children can explore a variety of art materials. Offer recyclables such as paper and cardboard with crayons, markers, glue, stickers, finger-paint, clay, etc. Let them interpret their creation and give it a title.
- Visit an Art Gallery: Visit an Art Gallery with your child. Let your child capture photos of the artwork display, have them describe what they see and provide opportunities for them to replicate the artwork.

我們如何表達自己

中心思想：表達感受對於自我理解和與他人連結的重要

探究線索

- 辨識情緒和感受
- 感受因人而異
- 透過各種方式表達我們的感受

學習方法

- 社交技能
- 自我管理技能

特定概念

- 形式
- 連繫
- 觀點

附加概念

- 健康
- 表達

學習者培養目標特質

- 勇於嘗試
- 積極探究
- 全面發展

超學科主題學習

語言

- 能在課堂活動中使用口頭語言溝通和表達自己的想法
- 對自己中文名字有所反應
- 能唱出教過的兒歌及歌曲
- 能用語言表達自己的感受
- 喜愛閱讀，理解淺易的圖像、常見的文字和符號
- 能模擬繪畫簡單的線

數學

- 認識數字1-10
- 展示出數字1-10與物體數量之間「一一對應」的關係
- 使用文字、教材、動作或數字以各種的方式標記模式
- 獨自創建圖案
- 描述平面形狀的特徵
- 透過視覺表徵表達信息

藝術

- 透過身體動作表達感受
- 使用聲音、節奏和樂器表達感受或想法
- 根據各種刺激創作藝術品
- 展示觀眾的禮儀和適當的回應

體育、社交和個人教育

- 用動作來表達感情
- 有控制和協調的動作
- 表達自己的需求，看法和感受
- 對自己的成就感到自豪
- 以適當的方式分享與自己相關的想法和感受

科學

- 參與科學實驗以探索材料的變化
- 對材料的形態改變作簡單的預測
- 用各式儀器和工具搜集數據
- 利用多種科學工具進行觀察

社會學

- 提出地方和社會的問題
- 慶祝自己生活和文化中重大的事件

單元完結後，我們希望：

孩子們將能夠理解文化可以用不同的方式表達。他們將探究文化藝術的元素，發現其相似性和差異性。他們將分享對各種藝術作品的看法和詮釋。孩子們將能夠反思自己的創作，並在透過不同的藝術形式探索其他文化時保持開放的心態。

在家中的活動建議：

- 建立一個藝術空間：提供一個安全的自由遊玩空間，讓孩子們探索各式的藝術材料。當中可提供回收物品，如紙張和紙板，還有蠟筆、馬克筆、膠水、貼紙、手指畫、粘土等。讓孩子們解釋自己的創作並為作品命名。
- 參觀藝術畫廊：帶著孩子參觀不同的藝術畫廊。讓孩子拍攝藝術品展覽的照片，描述他們所見並提供機會讓他們模仿藝術作品創作。